

Fall and Winter 2014/2015

St. Vincent Community Center

7335 St. Charles Rock Road
St. Louis, MO 63133

Phone: (314) 615-8STV (8788)
Relay Missouri: (800) 735-2966
(314) 615-HOOP (4667) Basketball Information Line
Fax: (314) 615-8837

www.stlouisco.com/parks

Building Hours

Monday—Friday 9:00 a.m.—9:00 p.m.
Saturday 9:00 a.m.—5:00 p.m.

****Building Closed on Sundays****

Holidays: Labor Day, Veterans Day, Thanksgiving, Day After Thanksgiving,
Christmas, New Year's Day, Martin Luther King, Jr. Day and President's Day

Community Center Office Hours

Monday—Friday 9:00 a.m.—3:30 p.m.
Closed: Saturday/Sunday/Holidays

St. Vincent Community Center is located in St. Vincent Park and offers a community room, multi—purpose gymnasium, a fitness room, a fitness trail designed to be accessible to people of all abilities, athletic fields, trails, picnic sites and shelters, playgrounds and tennis courts.

Parks and recreation programs and facilities are available for people of all abilities. Please let us know if an accommodation would make a program accessible to you or your family, or if you need this information in an alternative format, by calling 314-615-7840 voice & TTY.



**Happy
Fall**

Saint Louis
COUNTY
PARKS

Facilities

Community Room/Meeting Room

Available for community use when not scheduled for programs during normal business hours only. To reserve the community room application must be made two week prior to date requested. The community room has a sink and a microwave for use by participants. Chairs and tables are also available for usage. This room will hold a maximum of 75 people.

Non-profit groups: \$30.00/Hr.
For profit groups: \$40.00/Hr.

Gymnasium

The gymnasium offers one full size or two small basketball courts (1/2 courts), two full size volleyball courts, setup for badminton, indoor soccer and a variety of other activities. The gym is also available for rent when not in use for programs. The space can be divided for multiple activities. The room will hold a maximum of 500 people.

Non-profit groups: \$50.00/Hr.
For profit groups: \$65.00/Hr.

Fitness Room

Eleven station Paramount Uni-flex Sports trainer, motorized tread mills, Elliptical Walker, two exercise bikes, and an ab-board. Participants must be eighteen years of age or older. **No one age seventeen or younger will be allowed in the weight room at any time.**

Equipment Usage

A variety of equipment is available for use by participants. A picture I.D. is required to sign out equipment. Children without identification may put a deposit on items. Equipment available includes: volleyball nets and balls, baseball bases and bats, and roller hockey goals and sticks.

Fees

Annual Membership	\$30.00
Annual Membership for Seniors (50+ yrs. of age).....	\$20.00
Daily usage fee	\$4.00

General Registration Information

All registrations are taken on a first-come, first-served basis as class size is limited. Please note the registration dates for each session. MasterCard, Visa, and Discover may be used for payment in person or over the phone Monday-Friday 9:00 am to 8:00 pm. Refunds cannot be made once a program begins as a space has been reserved for the participant and cannot be refilled. Bona fide refund requests made no less than 14 days prior to the beginning of classes will be assessed a \$20 service charge. For more information call 314-615-8788.

St. Louis County Parks Athletics Fields

St. Louis County Parks' athletics fields are available for rent. All fields are based on securing a field permit and on availability. Information may be obtained by contacting Marvin Anderson at the St. Vincent Community Complex at 314-615-8782 or by email at manderson3@stlouisco.com.

Unlighted fields: Call for prices and availability

Lighted fields: Call for prices and availability

Programs and Activities at St. Vincent Community Center

Adult Open Gym (Age 18+)
Basketball for adults age 18 and over. Starts the week of September 2, 2013.

Monday thru Saturday 10a.m.-3p.m.

Cost is \$4.00 per visit or you may purchase a yearly membership for \$30.00

Youth Open Gym
Free admission with school I.D., NO EXCEPTIONS.
Middle and High School boys and girls. Starts the week of August 14, 2013

Monday and Wednesday 3p.m.-5p.m.

This & That

Karate-Little Dragons-at

St. Vincent Community Center (Ages 4+)

Learn self defense in this martial arts program designed for fun and fitness. This class is for all ages and ability levels. Individuals receive one-on-one instruction in a group class setting. Classes meet every Saturday.

Call 314-615- 8788.

Saturday	Sept. 6-27	10 a.m.-noon
Saturday	Oct. 4-25	10 a.m.-noon
Saturday	Nov. 1-29	10 a.m.-noon
Saturday	Dec. 6-27	10 a.m.-noon
Saturday	Jan. 3-31	10 a.m.-noon
Saturday	Feb. 7-28	10 a.m.-noon
Saturday	Mar. 7-28	10 a.m.-noon

\$25 per person per monthly session/\$7 walk-in per class

St. Vincent Haunted Shelter Extravaganza at St. Vincent Shelter

Come enjoy candy, hot chocolate, s'mores and other treats under the Haunted St. Vincent Shelter. There will be best costume prizes, sand volleyball and other fun activities for the entire family. Please call 314-615-8788 to register or for more information.

Saturday October 25th 2pm-5
\$3 for Admission

St. Vincent Fall Flea Market at St. Vincent Community Center

Come sell your refurbished items, vintage & retro decor winter crafts, unique homemade jewelry, baked goods and other items. All vendors must register in advance welcome. Vendors can reserve tables via phone or in person at St. Vincent Community Center. Please call 314-615-8788 for more info. **\$10 per table.**

Saturday Nov. 11th 11am-4pm

Holiday Pictures with Santa

at St. Vincent Community Center (Ages 1 and up)

Come join us in celebrating the holiday season by bringing your little ones to take pictures with Santa. Pictures will cost \$5.00. Enjoy candy canes, cookies and holiday music. Advance registration is required by Dec. 7.

Call 314-615-8788 for more information.

Saturday Dec. 13th 1-4pm
Free Admission

Sports Monster Meet-Up Volleyball

at St. Vincent Community Center (Ages 18+)

Come join Sports Monster and enjoy a night of recreational volleyball at St. Vincent Community Center. Games will be played pick-up style. Teams are welcome. Call 314-395-5888 to pre-register or for more info.

Monday's Sept. 1-March. 30 7-9p.m.
\$8 per person

Basketball

50 & Over Adult Men Basketball League

8 Games guaranteed. Games will be played on Saturdays. Registration starts September 1.

League begins September 20th

\$500/per team

Youth Basketball League

at St. Vincent Community Center

Sign your team up for this youth basketball league. League play will give children experience in competition with players at their own grade level. Registration guarantees 8 game season. Divisions are available for grades 5th-6th, 7th-8th and 9th-12th. Advance registration is required. Call 314-615-8788 to register or for more information.

Tuesday, Wednesday and Saturday (10am-1pm)

Sept. 30th-Nov. 29 6-9 p.m.

\$300 per team

Holiday Basketball Tournaments

at St. Vincent Community Center (Ages 10-13)

Bring your team! Bring your game! Teams limited to grades 6-8; all teams guaranteed three games. Games played between 6 p.m. and 9 p.m. on weekdays, and between noon and 6 p.m. on Saturdays. Trophies will be awarded to first, second and third place winners in each grade level. No games are held on Wednesdays. Call 314-615-8788.

Monday-Saturday Dec. 1-6 TBA (5th Grade)

Monday-Saturday Dec. 8-13 TBA (6th Grade)

Monday-Saturday Dec. 15-20 TBA (7th Grade)

\$150 per team

Back To the Basics Basketball Youth Basketball Training at St. Vincent Community Center (Ages 5-13)

Youth basketball for children ages 5 to 13. This program includes basketball instruction and games. The program is designed to teach the fundamentals of basketball such as dribbling, passing and shooting and is open to both boys and girls. To register call Mike Cross at 314-956-2994.

Friday's Sept. 5-Mar. 27 6-8 p.m.

Call for pricing and information

Arch Angels Women's Open Gym Basketball at St. Vincent Community Center

Women's pick up basketball every Thursday night at St. Vincent Community Center. This program always receives good reviews for its organization, sportsmanship and competitive games. Contact meshomorrow@gmail.com for more information.

Thursday's Sept. 4-Mar. 26 7-9 p.m.

\$4 for admission

Dance, Exercise and Fitness

Butts & Guts at St. Vincent Community Center

Want to firm it up?... Then get in here and lets get started!
This is a , no fuss, high energy muscle conditioning class that tones and shapes your hips, thighs, butts and abdomen. Advance registration is appreciated; please contact Ted Simpson at tsimpson@beyondhousing.org or (314)-862-0639. This class is open to anyone at any fitness level.
Free for Passport to Health Members.

Wednesday's Sept. 3th-March 25th 5:30-6:30 p.m.
Saturday's Sept. 6h-March 28th 9:00am-10 a.m.

Zumba at St. Vincent Community Center (Ages 18+)

Zumba is an exhilarating, effective, easy to follow, Latin-inspired, calorie-burning dance fitness part that's moving millions of people toward joy and health. Advance registration is appreciated; please contact Ted Simpson at tsimpson@beyondhousing.org or (314)-862-0639. This class is open to anyone at any fitness level.
Free for Passport to Health Members

Tuesdays' Sept. 2-March 31st 5:30-6:30 p.m.
Thursday's Sept. 4-April 2nd 6:30-7:30 p.m.

Slide Dancing Exercise at St. Vincent Community Center

Line Dancing is a non-impact form of exercise. Come and learn the latest line dances each Friday night. No fee, this class is sponsored by Beyond Housing.

Friday's Sept. 5-March 28th 6-7 p.m.

Program Registration

Pre-registration and payment is due prior to class beginning. You may register at St. Vincent Community Center or by calling (314) 615-8788.



Visit us on the web at stlouisco.com/parks



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St. Vincent Community Center
7335 St. Charles Rock Road
St. Louis, MO 63133

East of I-170— 2 miles on the north
Side of St. Charles Rock Road

**St. Vincent Community Center
St. Vincent Park
7335 St. Charles Rock Road
St. Louis, MO 63133**

Current Resident or Non Resident

**Saint Louis
COUNTY
PARKS**