

AGE-FRIENDLY COMMUNITIES

Policy Roundtable 2

St. Louis County Strategic Plan

January 31, 2013

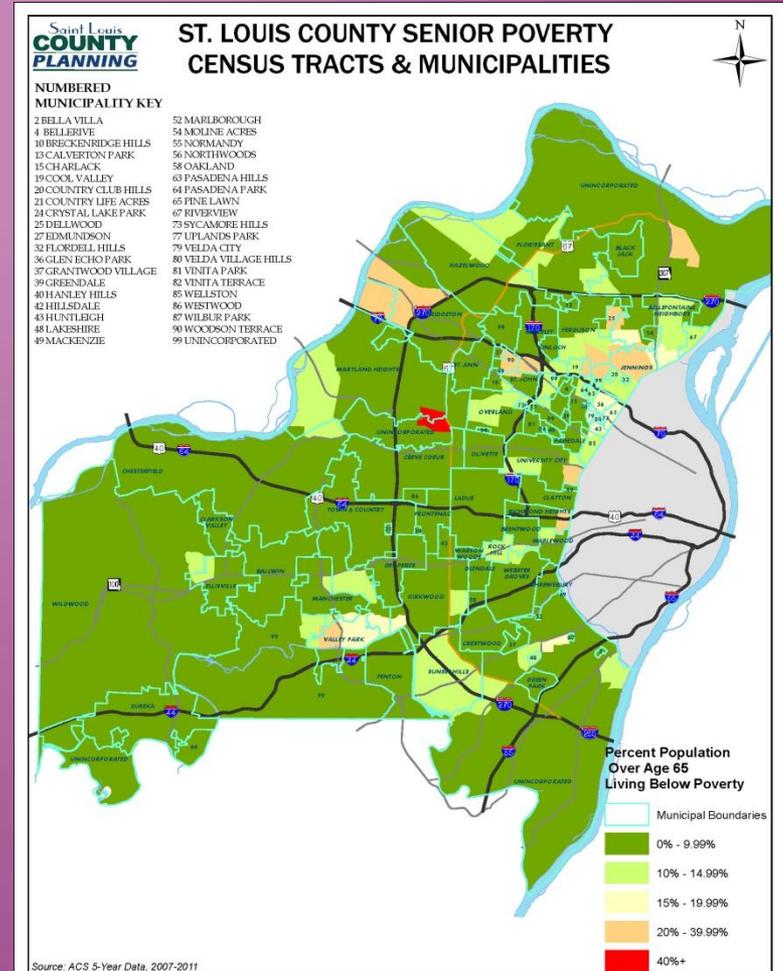
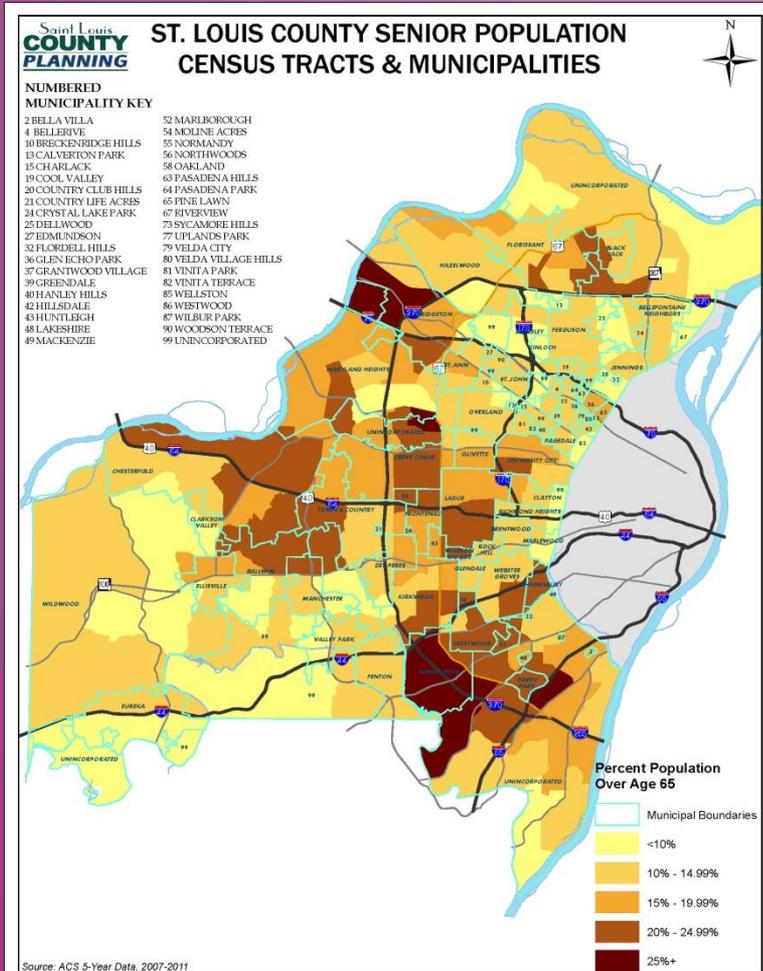
WHAT CAN WE ACHIEVE TODAY?

Agenda 1/31/2013 2-4pm

15 min	Overview presentation
45 min	Questions: Outcomes & Priorities
10 min	Break
50 min	Continue Discussion

- *Recap from first meeting*
- *Seek answers to some key questions and begin to form new or revised policies/goals that will inform the strategic plan*
- *Build consensus/align leadership*
- **Next time:** *begin to think about strategies and actions that will help us achieve our goals for the next 5 years*

ST. LOUIS COUNTY CONCENTRATION OF SENIORS & SENIORS IN POVERTY



RECAP FROM MEETING 1

- Introduction to the Strategic Planning Process and Other Policy Roundtables
- Introduction to the growing needs of the aging Baby Boomer Generation and responding to the spectrum of needs for all seniors
- Panelist Presentations
 - Mobility; Affordable Housing; Livable Communities; Housing Retrofit; Coordination of Services; Engagement & Productivity



TAKE HOME MESSAGES FROM THE PANEL

- **Dr. Tom Meuser**
 - *What's good for older adults is good for everyone*
 - *Usual Agers vs. Super Agers*
 - *Meet basic needs and quality of life needs*
 - *Support choice in mobility*
 - *Support families to address issues of aging*
- **Susan Hutchinson**
 - *Affordable housing: funding is complicated, needs far outweigh availability*
 - *Coordinating housing with services is key, but complicated and expensive*
- **Sheila Holm**
 - *Accessibility and livability are key*
 - *Support safe driving and options for non-drivers*
 - *Home modifications are about current and future needs*
- **Karen Berry-Elbert**
 - *Partnerships are essential to meeting needs*
 - *Keep people engaged to promote mental/physical health*
 - *Institutionalization is not the only answer to delivering services; but reliable transportation to services is vital*
- **Nancy Morrow-Howell**
 - *Inter-generational perspective*
 - *Aging in the community, not just the home*
 - *Need to look at physical and social needs*
 - *Seniors are contributing more (work/volunteer)*

WE HEARD YOU SAY...

What do we know, and what don't we know?

- *Need a targeted needs assessment*
- *Many models exist to learn from*

Aging in “Place” is not just about same house, but same community

- *Need holistic community approach*
- *Need multi-generation approach*

Service provision is complex

- *Need to increase impact of our services*
 - *Connecting our programs (e.g. CORP and the Health Centers)*
 - *Place-based targeting of programs/services*
- *Need better provisions to deal with environmental emergencies (Implementation of Functional Needs Registry)*
- *In-home services vs. institutional services*

Housing is multi-faceted

- *Home repair*
 - *Need to protect seniors from fraud*
 - *Need to look into leveraging (federal) financial assistance*
- *Housing options*
 - *Variety of options for independent living*
 - *More creative mixed-use, multi-family options*
 - *Need to consider affordability*

Need to think about those who are active and healthy, not just those that need services

- *Promote better neighborhood and community design through integrated zoning, land use and transportation*
- *Seniors desire (and use) parks and trails to support healthy, active living*
- *Seniors are looking for volunteer, engagement opportunities*

ACTIVE AGING & SOCIAL ENGAGEMENT

CORP

- Computer clubs
- Special interest clubs
- Broadway Fantasies: song & dance reviews
- Variety of volunteer opportunities for seniors

Parks

- Trail Watch
- Gardening
- Museum attendant
- Recreational and fitness activities at the community centers

ATTRACTIVE & SAFE NEIGHBORHOODS

CORP

- Home Care & Repair

Planning

- Neighborhood stabilization
- Community Development Block Grant Funds
- Home Investment Partnership Program
- Form-based zoning code
- County-wide strategic planning

Police

- Neighborhood policing
- National Night Out
- Citizens Academy
- Fraud protection

Public Works

- Neighborhood preservation
- Problem properties unit
- Clean, Green, & Beautiful

LIFE SKILLS & SUPPORT

CORP

- Computer Connections
- Legal advice and document preparation
- Tax preparation
- Form assistance (insurance and benefits programs)
- MO Property Tax Credit Claim (Circuit Breaker)

HEALTH & WELLBEING

CORP

- Caregiver to Caregiver
- Care Calls
- Functional Needs Registry (in dev.)

Health

- Health clinics

MOBILITY & ACCESSIBILITY

CORP

- Neighbor Driving Neighbor

Highways & Traffic

- ADA Transition Plan

POSSIBLE THEMES FOR AGE-FRIENDLY COMMUNITIES IN ST. LOUIS COUNTY

- **What is good for seniors is good for all**
 - *The best approaches to creating age-friendly communities will be intergenerational and lifelong.*
- **The needs and abilities of seniors are not static**
 - *Age-friendly communities support people across spectrums of age, ability, and need.*
- **Promote healthy and active lifestyles**
 - *Age-friendly communities provide amenities and options for seniors to be more active, have greater social interaction, greater convenience and accessibility*
- **Ensure continued engagement in their communities**
 - *Age-friendly communities provide opportunities for seniors to contribute to their communities and to remain economically, socially and civically engaged longer into their lives*

**CRITICAL
QUESTIONS FOR
CREATING
AGE-FRIENDLY
COMMUNITIES**

- *Disregarding limitations, what do you feel should be our **highest priorities** for policies that meet the needs and desires of seniors along the entire age spectrum?*
- *What **outcomes** do we want to achieve in addressing the creation of age-friendly communities in St. Louis County?*