



## BICYCLING DEPARTMENT POLICY

### **PURPOSE:**

To provide safe and enjoyable bicycle riding opportunities in St. Louis County Parks.

### **POLICY:**

It is the policy of the St. Louis County Department of Parks and Recreation to provide facilities for various types of bicycle riding and to offer a variety of recreational, competitive and educational activities associated with this sport.

### **PROCEDURE:**

#### **Facilities**

1. Cycling is permitted on all public roads in County Parks except the Bison Area of Lone Elk County Park.
2. Cycling is permitted on some trails (see Trails Section).

#### **Rules**

1. Cyclists using public roads in County Parks are granted all rights and are subject to all regulations as are drivers of motor vehicles on those roads (Chapter 1210 StLCRO).
2. Regulations relating to the equipment, lighting, reflectorization and operation of all bicycles shall apply to all public roads and trails in County Parks.
3. Cyclists should ride as far to the right side of public roads as practical except when "taking the lane". Cyclists should take or occupy the lane when approaching a blind curve or hill, or when the speed of traffic can be maintained.
4. Cyclists must obey all traffic control devices.

## BICYCLING DEPARTMENT POLICY – PAGE 2

5. Cyclists may not ride more than two abreast.
6. On trails, cyclists must yield to other types of users.
7. Per Ordinance 616.175, the use of bicycles, scooters, roller blades, roller skates and skateboards is lawful in parks unless prohibited by other ordinance or law. It shall also be unlawful for a parent or guardian to permit a child under the age of seventeen (17) years to operate or be a passenger on a bicycle, scooter, roller blades, roller skates or skateboard unless the child shall wear protective headgear which properly fits and is fastened securely upon the head of the child. The headgear shall meet or exceed the impact standard for protective for protective bicycle helmets set by the U.S. Consumer Products Safety Commission, the American National Standards Institute (ANSI), the Snell Memorial Foundation or the American Society of Testing and Materials (ASTM).

### Equipment

1. Brakes must be capable of stopping a bicycle within 25 feet from a speed of 20 MPH.
1. Night Riding:
  - ❖ Headlamps must be white in color and visible from 500 feet ahead. The headlamp may be mounted on the bicycle or carried by the rider.
  - ❖ A rear-facing red reflector of at least two (2) square inches surface area must be visible 600 feet to the rear.
  - ❖ White or amber colored pedal reflectors must be visible from a distance of 200 feet. There must be one such reflector on the front and rear of the pedal, recessed below the pedal surface area.
  - ❖ White or amber side-facing spoke reflectors on the front and rear wheels must be visible from a distance of 300 feet.

---

Director

Date

Effective Date: 02/84  
Revision Date: 04/01  
Revision Date: 04/02

