From the young to the young-at-heart, St. Louis County residents turn to the County Parks for volunteer opportunities to suit their interests. For John and Bonnie Lorenz, volunteering with Parks has been a convenient and fulfilling way to stay engaged with the community in their retirement.

In nine years of volunteering, John and Bonnie have led groups on trails and hay rides through many of St. Louis County’s parks. They have also enjoyed assisting with fishing events and the Children’s Garden Club. From Moonlight Paddles to bike rodeos and serving as board members of the Friends of Jefferson Barracks Park, the couple has gotten plenty of exercise and met wonderful people along the way. In his time as one of County Parks’ more than 1,500 volunteers, John is thrilled to say, “I’ve never felt bored in my retirement.”

Volunteering through St. Louis County Parks provides opportunities for residents of all ages and skill sets to stay active and healthy, meet new people, and connect with nature all while working towards a good cause: protecting our environment for the enjoyment of all. Collectively completing 100,000 hours of service each year, the impact Parks volunteers have on our community is significant. Just ask John: “It’s unbelievable!”

To learn more about Parks’ volunteer opportunities, call (314) 615-8865 or visit www.stlouisco.com/ParksandRecreation