



CORRECTIONS MEDICINE
Infection Control – Hand Hygiene
ACA Standard: 4 ALDF – 4C – 14

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Policy Number:
CM – 13.2

- I. **PURPOSE:** To inform and educate Corrections Medicine staff regarding proper hand hygiene.
- II. **POLICY:** All Corrections Medicine staff shall be informed, educated and trained in proper hand hygiene, and expected to comply with the procedures.
- III. **RESPONSIBILITY:** It is the responsibility of all Corrections Medicine staff to comply with this policy and procedures.
- IV. **PROCEDURES:**
 - 1. All Corrections Medicine staff shall sanitize their hands in the following circumstances:
 - i. Before preparing food
 - ii. Before and after eating
 - iii. After using the restroom
 - iv. After coughing, sneezing, or blowing their nose
 - v. Before and after inserting contact lenses
 - vi. After caring for each patient or when de-gloving between caring for multiple sites on one patient
 - vii. When hands are obviously soiled (soap and warm water shall be used)
 - viii. Hands must be cleaned between each contact or glove change.
 - 2. Gloves must be worn during direct care contact with patients. Gloves shall be changed between patients or when caring for multiple sites on one patient.
 - 3. Procedures for proper hand washing using soap and water.
 - i. Wet hands with water; use warm water if available.
 - ii. Apply enough soap to cover all hand surfaces.
 - iii. Rub hands palm to palm.
 - iv. Rub right hand over top of left hand with fingers interlaced and repeat with left hand over top of right hand, interlacing fingers.

- v. Rub palm to palm with fingers interlaced.
 - vi. Next, rub backs of fingers to opposite palm with fingers interlocked.
 - vii. Rotationally rub left thumb clasped in right hand and repeat with right thumb in left hand.
 - viii. Rub clasped fingers of right hand in left palm and rotate to left clasped fingers in right palm.
 - ix. Rinse hands with water, letting the water run downward from wrist to fingertips to sink.
 - x. Dry thoroughly with single use towel (paper towel).
 - xi. Use towel to turn off faucet/tap.
 - xii. If using a restroom, use a towel to open door, then dispose of towel in the waste receptacle.
4. Procedures for cleaning hands with alcohol-based hand rub.
- i. Apply enough alcohol-based hand rub to the palms to cover all hand surfaces (amounts will vary based on the manufacturer's recommendations).
 - ii. Rub hands palm to palm.
 - iii. Interlace fingers right hand over left hand and rub. Repeat with left hand over right hand with fingers interlaced.
 - iv. Rub palm to palm with fingers interlaced.
 - v. Rub back of fingers to opposite palm—right fingers to left palm and left fingers to right palm.
 - vi. Place thumb of right hand into left hand and rub, then rotate left thumb to right hand and rub.
 - vii. Rub clasped right fingers into left palm and repeat with clasped left fingers into right palm.
 - viii. Let hands air dry.

V. **RESOURCES:**

Standard 4-ALDF-4C-14; Performance-Based Standards for Adult Local Detention Facilities; 4th Edition; American Correctional Association; 2004

Standard J-B-01; Jail Health Standards; National Commission on Correctional Health Care; 2018