



**CORRECTIONS MEDICINE**  
**Healthy Lifestyle Promotion**  
**ACA Standard: 4 ALDF – 4C – 21**

Effective: January 1994

Revised: Jan 2006, Apr 2016, Apr 2017, Aug 2019

Reviewed: Aug 2001, May 2013, May 2018, Apr 2019

Policy Number:  
CM – 45

- I. **PURPOSE:** To provide medical preventive maintenance including immunizations, and information regarding maintenance of health and the prevention of disease.
- II. **POLICY:** Education, dietary accommodations, and medical preventive care services shall be made available to all incarcerated individuals in the Buzz Westfall Justice Center.
- III. **PROCEDURES:**
  - 1. At intake, history and physical appraisal shall be performed by Corrections Medicine staff. Patients are screened for communicable diseases, including but not limited to tuberculosis, HIV, gonorrhea, chlamydia, and syphilis. Patients testing positive for STIs, TB, or HIV are treated and provided informational pamphlets.
  - 2. A registered dietician reviews and updates the dietary guidelines annually according to the U.S. Department of Agriculture. Medical diets are ordered as needed for patients with special medical dietary needs. Patients requiring special medical diets will be identified in the Integrated Jail Management System and the electronic medical record.
  - 3. At each medical provider encounter, patients are educated regarding their medical problems and are given information on attaining a healthy lifestyle. Diet and exercise changes are encouraged within the limitations of the jail environment, and within the facility guidelines for safety and security.
- IV. **REFERENCE:**

National Commission on Correctional Health Care; Standards for Health Services in Jails; 2018; Standard J-F-01